## STORY OF TOFU

The origin of tofu dates back to over two centuries ago in China. During the Han Dynasty, Emperor Liu Bang's seventh son, Liu An accidentally added gypsum into a mixture of yellow soy beans in the water. The curdling effect that took place resulted in the unplanned invention of the world's first tofu.

Since the creation of tofu, the Emperor continued to develop and refine the taste, quality and consistency of tofu through personal experiments and workshops. Liu An's mission was to pass on the knowledge of tofu-making through the generations to come. During the Song Dynasty (960-1279 AD), tofu had already become a widespread household staple ingredient, and was extremely popular among the working class. During the Ming Dynasty (1368-1644 AD), tofu was considered the food of royals, and would be regularly served on the tables of elites and monarchs.

## 豆腐的起源

豆腐的起源,可追溯至公元前二世紀的西漢時代。當時漢高祖 劉邦第七名兒子、淮南王劉安於煉丹之際,不慎將石膏混入黃豆水中 ,奇妙的化學作用讓劉安誤打誤撞發明了史上第一磚豆腐。

自此,這位一國之君開始專注改良豆腐的味道、質素及生產技術,更 設立了豆腐工作坊,務求將豆腐發揚光大。劉安並將豆腐的製作技巧

授予老百姓,期望新研發的美食能代代相傳。到了宋朝,豆腐已成為 民間美食,然而僅於低下階層之間流行;及至明朝,這種食材才再登 大雅之堂。



## CHARACTERS of SOY

A Day of January 2023

## Snack of Ratatouille and Soy Ricotta in Tofu Pocket Fried Tofu with Fresh Crab Meat



Fresh Savory Soy Milk with Condiments



Tofu Skin with Beef Tartare and Caviar



\*Udon Noodle in Soy Milk Lobster Bouillon
\*supplement 168 per person



Seared Scallop with Fermented Tofu Sauce



Mora Stew of the Day Chicken Tofu au Vin with Rice Pilaf



Mont Blanc of Soy Pastry Cream Chestnut and Sweet Potato with Rice Ice Cream

\$680/person - Subjected to 10% service charge